

# Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef/quorn Spaghetti bolognaise  Gluten	Cheese swirl  Gluten, egg, milk	Veggie curry with rice & naan bread  Gluten, Milk	Battered fish fillet  Gluten, milk, fish	Beef/ veggie burger with or without cheese on a floured bun  Gluten, milk
Cheese toasties  Gluten, milk	Tuna mayo wrap  Gluten, egg, fish	Pizza muffin  Gluten, milk	Ham & cucumber wrap  Gluten	Cheese roll  Milk, gluten
Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket Potato Beans, Cheese, Tuna  Milk, Fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish
Baby potatoes, beans & salad	Fresh salad garlic potatoes & seasonal vegetables	Salt and pepper roast potatoes with Seasonal Veg or salad	New potatoes & Seasonal Veg	Wedges & beans
Raisin Flapjack  Gluten	Shortbread biscuits  gluten	Chocolate cake & custard  Milk, gluten, egg	Fruit jelly	Jam doughnut  Gluten may contain milk, egg, sesame, soya
Gluten free pasta option available with every pasta dish. Gluten free bread available Dairy free ingredients included Fresh fruit available everyday				

# Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausage/quorn Yorkshire Pudding, Mash & Gravy  Glute, Milk,	Chicken/quorn roast dinner	Fish fingers  Gluten, fish	Wholemeal Tomato pasta bake with garlic bread  Gluten	Pork/ Vegetarian Sausage Rolls  Gluten, egg, milk
Cheese roll  Gluten, Milk	Ham toastie  Gluten	Cheese garlic bread  Milk	Tuna mayo roll  Fish, egg, gluten	Cheese mayo wraps  Milk, gluten
Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish
Fresh salad & peas	Roast potatoes, gravy & seasonal Vegetables	New potatoes with seasonal veg or salad	Garlic & herb potatoes & sweetcorn	Chips & beans
Fruit jelly	Vanilla sponge with ice sprinkles  Milk, egg, gluten	Chocolate moose  Milk	Raisin flapjack  Oats, milk	Ice-cream  Milk

Gluten free pasta option available with every pasta dish.  
Dairy free ingredients included.  
Fresh fruit and Yogurts available everyday

# Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
All day breakfast Omelette, hash brown, beans & toast  Egg, gluten	Tomato & basil pasta with garlic bread  milk, Gluten	Chicken tikka masala with rice & naan bread  Milk, gluten	Beef/quorn/gluten free Meatballs homemade Tomato sauce with pasta  Gluten, milk	Hot/quorn dogs with sautéed onions  Gluten
Tuna wrap  Fish, milk, gluten	Cheese toasties  Milk, Gluten	Pizza muffin  Gluten, milk	Ham roll  Gluten, milk	Cheese mayo wraps  gluten
Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish	Jacket potato Beans, cheese, tuna  Milk, egg, fish
Fresh salad & potatoes  gluten	New potatoes & seasonal vegetables	Garlic potatoes with salad  Gluten, milk	New potatoes & sweetcorn	wedges & beans
Chocolate shortbread  gluten	Fruit jelly	Chocolate moose  Milk	Raisin flapjack  Oats, milk	Ice- lollies  Milk
<p>Gluten free pasta option available with every pasta dish. Dairy free ingredients included. Fresh fruit and Yogurts available everyday</p>				